Eating Habits





This week...

Monica and Wakana are talking about some of the differences between the eating habits of Japanese people and the eating habits of Western people.

Lesson Targets

- Learning about eating customs
- Talking about different habits

Daily English Conversation

Basic Class



Warm Up – Topic Question





What is one of your eating habits?

Eating	Habits
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What is she eating?





*Create a short story using the following format

- 1. Who
- 2. Where
- 3. When
- 4. What's happening?

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Do you have any strange eating habits?

*Create a simple sentence using these words.

1. rude

- 2. culture
- 3. taste
- 4. strange
- 5. habits







- 1. Thanks for coming to have dinner with me this evening.
- 2. I always enjoy eating out at my favorite Italian restaurant.
- 3. It really annoys me when my boyfriend is late to pick me up.
- 4. Many people in my country eat rice for breakfast.





- Words
- Phrases



Wakana Thanks for coming to eat ramen with me.

Monica	I always enjoy eating out at ramen places in Japan, but I can't believe how many people slurp their food.
Wakana	I know this is rude in Western culture, but it is supposed to make the ramen better.
Monica	Does James have any strange eating habits?
Wakana	It really annoys me when he eats while walking on the street.
Monica	Many people in my country walk while they eat.
Wakana	There must be many other cultural differences with eating habits.
Monica	I am sure there are.

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Let's create sentences using your own words!

- 1. Thanks for coming to
- 2. I always enjoy eating out at
- 3. It really annoys me when
- 4. Many people in my country

Correct Responses



1

What do you want to eat for dinner tonight?

A: Anything is fine with me.
B: Let's went to eat at my favorite restaurant.

C: I want to ate pasta.

Slurping noodles is supposed to make them taste better.

A: We always slurped noodles.B: In the West it is considered rude to slurp your noodles.C: I agree. Noodles taste gooder.

3.

I always enjoy eating out at the pizza place.

- A: I enjoys eating out at the sushi place, too.B: I really like that place, too.
 - Their pizza is the best!
- C: I don't liked pizza.

Do you have any strange eating habits?

A: No. I don't. I have many strange eating habits.B: I'm not sure. Maybe I do.C: I think I ate many strange eating habits.

4.

Role Play – Eating Customs



Student A is visiting Japan for the first time. Student B is teaching Student A some of the eating customs that people follow in Japan.



A: Could you tell me about some of the eating customs in Japan?
B: Sure. Before starting a meal Eating Customs.
Continue the conversation using the Key Phrases and the Eating Customs from below.

Key Phrases

- What does that mean?
- What should I do after the meal?
- How should I use chopsticks?
- Are there any other customs?
- It is considered very rude to
- Make sure you
- You should be careful not to
- Other

Eating Customs

Before the meal

- put your palms together and slightly bow in front of your meal and say "Itadakimasu."
 Chopsticks
- never stick your chopsticks in your food.
- don't pass food using your chopsticks. *Eating noodles*
- it is OK to slurp your noodles. *After the meal*
- at the end of a meal say "Gochisosama deshita."

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Conversation Corner





Do you think it is rude to slurp noodles?

Which do you prefer, meat or fish?

If you were living abroad, what is the food you would miss the most from home?

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annoy イライラさせる	- My boyfriend annoys me when we eat.
culture 文化	- I really like Japanese <mark>culture</mark> .
habits 癖·習慣	- He has many bad <mark>habits</mark> .
miss 恋しく思う	- I will miss miso soup when I go abroad.
prefer ~をより好む	- I prefer eating my food with chopsticks.
rude 無礼	- It is rude to slurp your food in the USA.
strange 変な	 I think he eats his food in a strange way.
taste 味	- I didn't like the taste of the noodles.
while ~の間	- You shouldn't eat while driving.