



This week...

Monica and Wakana are talking about some of the differences between the eating habits of Japanese people and the eating habits of Western people.

Lesson Targets

- Learning about eating customs
- Talking about different habits

Daily English Conversation

Super Class

Warm Up – Topic Question



What is one of your eating habits?

Picture Description

What is that dog doing?

A



B



C





* Choose the most appropriate meaning of the word from the four options.

1. slurp

- emit
- inhale
- breathe
- exhale

2. rude

- insulting
- decent
- refined
- exact

3. peculiar

- indefinite
- ordinary
- general
- bizarre

4. annoy

- appease
- charm
- agitate
- enchant

5. improper

- reasonable
- inappropriate
- fitting
- moral

6. attitude

- inability
- trademark
- capability
- demeanor



Wakana	Thanks for coming to eat ramen with me for lunch.
Monica	I always enjoy eating out at ramen places in Japan, but I can't believe how many people slurp their food. This is considered to be extremely rude in Western culture.
Wakana	It is said that it makes the ramen taste better. When I slurp my ramen in front of James, he always looks at me strangely.
Monica	Does James have any peculiar eating habits?
Wakana	He often eats while walking on the street. That really annoys me. He can't understand why it is improper.
Monica	It is not uncommon for Western people to walk while they eat.
Wakana	I am sure there are many other cultural differences when it comes to eating habits.
Monica	Yes, but as I live in this country I try to respect the customs here as much as possible.
Wakana	I wish James would have the same attitude.





Student A is visiting Japan for the first time. Student B is teaching Student A some of the eating customs that people follow in Japan.

Key Phrases

- It is considered very impolite to
- Make sure you
- You should also be careful not to
- Why shouldn't I do that?
- What does that mean?
- Is there anything else I should know?
- *Other*

Eating Customs

Before the meal

- put your palms together and slightly bow in front of your meal and say "Itadakimasu."

Chopsticks

- never stick your chopsticks in your food.
- avoid pointing with your chopsticks at people.
- don't pass food using your chopsticks.

Eating noodles

- it is OK to slurp your noodles.

After the meal

- at the end of a meal say "Gochisosama deshita."
- *other*



- What are some things about your eating habits you want to change?
- Are dietary habits in Japan changing?
- If you were living abroad, what is the food that you would miss the most from home?



When spending time in a foreign country, you should respect and follow their eating customs.

A

Agree

B

Disagree



American Slang

- **chow down** – to eat
Let's **chow down** before the food gets cold.
- **doggie bag** – a container from a restaurant for leftover food
The restaurant served too much food. I took the rest home in a **doggie bag**.



Australian Slang

- **brekkie** – breakfast
What do you want to eat for **brekkie** today?
- **spuds** – potatoes
Do you want rice or **spuds** with your dinner tonight?



British Slang

- **pud** – dessert
Do you want any **pud** after dinner tonight?
- **crisps** – potato chips
Can you get me a bag of **crisps** when you go to the supermarket?