



This week...

Felix is suffering from itchy eyes, a runny nose and he has been sneezing a lot recently. He is talking to Monica about it.

Lesson Targets

- Allergy symptoms
- Ways to alleviate symptoms

Daily English Conversation

Advanced Class

Warm Up – Topic Question



Do you suffer from any allergies?

Picture Description

Where are they?

A



B



What's wrong with him?

C



What is he allergic to?





Felix	Hey, Monica. You work as an intern in a hospital, right?
Monica	That's right. Why do you ask?
Felix	I've been suffering with itchy eyes, a runny nose and I can't stop sneezing recently. Do you know what it could be?
Monica	I think you have hay fever. It is common at this time of year.
Felix	I thought people only got hay fever in the springtime.
Monica	Most people associate it with spring, but seasonal allergies such as hay fever can also spike during the autumn months.
Felix	I didn't know that! Do you have any ideas on how I can get rid of the symptoms?
Monica	Come to the hospital tomorrow and I will introduce you to my friend who is a doctor. He will take care of you.
Felix	Thanks, Monica.

I've been suffering
with headaches and a
sore throat.

1. I've been suffering with
2. I think you have
3. Do you have any ideas on how I can
4. Come to the tomorrow and I will introduce you to



Role Play – Allergies

Student A is describing some symptoms that he/she has been suffering from lately and it sounds like an allergy. Student B is giving some advice on how to alleviate the symptoms.



A: I think I have an allergy.

B: That's not good. What are your symptoms?

Key Phrases

- I've been suffering with
- Do you have any ideas on how I can get rid of the symptoms?
- I appreciate the advice.
- I'm pretty sure you have
- It's common at this time of year.
- I suggest you
- *Other*

Symptoms

- sneezing
- itchy eyes
- runny nose
- blocked nose
- sore throat
- *other*

Advice

- wear a mask
- eat healthy
- drink plenty of fluids
- clean your house
- consider acupuncture
- *other*

True or False

* Choose a topic below and tell a short story that is either true or not true. The other students in the class and the teacher ask one question each about the story. Then they guess whether your story is true or false.



1. I have suffered from a severe allergic reaction before.
2. Due to hay fever, I don't like spring and autumn.
3. Allergies prevent me from having a pet.
4. I have a rare allergy.



- What do you think would be the worst allergy to have?
- What things do you think work well to alleviate the symptoms of allergies?
- Do you think OTC medicine is effective for allergies?

Ask the Teacher



- Do you suffer from any allergies?
- What do you think would be the worst allergy to have?
- (Ask a different question related to the topic)

- alleviate - *This medication should **alleviate** the pain.*
- associate - *What would you **associate** that with?*
- intern - *My company is looking for an **intern**.*
- severe - *That sounds quite **severe**.*
- spike - *There has been a **spike** in customers there.*
- suffering - *I've been **suffering** from hay fever for years.*
- symptoms - *You have some pretty bad **symptoms**.*