



This week...

Felix is suffering from itchy eyes, a runny nose and he has been sneezing a lot recently. He is talking to Monica about it.

Lesson Targets

- Allergy symptoms
- Ways to alleviate symptoms

Daily English Conversation

Basic Class

Warm Up – Topic Question



Do you suffer from any allergies?

Picture Description

Where are they?



A



B



What's wrong with him?

*Create a short story using the following format

1. Who
2. Where
3. When
4. What's happening?

*Create a simple sentence using these words.

1. hospital
2. itchy
3. cure
4. medicine

I need to get some **medicine** for my **itchy** eyes.



1. I've been suffering with a blocked nose.
2. I think you have an allergy.
3. Do you know how I can stop the itching?
4. I will get some healthy food for you tomorrow.



- Words
- Phrases

Felix Hey, Monica. You work at a **hospital**, right?

Monica That's right. Why do you ask?

Felix **I've been suffering with itchy** eyes and a runny nose recently. Do you know what it could be?

Monica **I think you have** hay fever?

Felix I thought people only got hay fever in the springtime.

Monica You can also get hay fever during the autumn months.

Felix I didn't know that! **Do you know how I can cure** the symptoms?

Monica **I will get some medicine for you tomorrow** from the hospital.

Felix Thanks, Monica.

Let's create sentences using your own words!

1. I've been suffering with
2. I think you have
3. Do you know how I can?
4. I will get some for you tomorrow.

1. *I think I have an allergy.*
- A: What are the symptom?
B: Are you sneeze a lot recently?
C: Do you have itchy eyes?

2. *How can I cure my blocked nose?*
- A: Please took this medicine after meals.
B: I not sure. Go see a doctor.
C: This medicine should work.

3. *I will get some medicine for you tomorrow.*
- A: I will appreciated it. Thanks.
B: Thanks a lot. That will be helpful.
C: That not necessary.

4. *Do you have any allergies in autumn?*
- A: I only have allergies in springtime.
B: Yes. I suffered from many allergies in autumn.
C: Yes. I don't have allergies.

Role Play – Allergies

Student A is describing some symptoms that he/she has been suffering from lately and it sounds like an allergy. **Student B** is giving some advice on how to alleviate the symptoms.



A: I think I have an allergy.

B: What are your symptoms?

Continue the conversation using **Symptoms** **Advice** and the **Key Phrases** from below.

Key Phrases

- I've been suffering with
- Do you know how I can get rid of the symptoms?
- Thanks for the advice.
- I think you have
- It's common at this time of year.
- I suggest you
- *Other*

Symptoms

- sneezing
- itchy eyes
- runny nose
- blocked nose
- sore throat
- *other*

Advice

- wear a mask
- eat healthy
- drink plenty of fluids
- clean your house
- consider acupuncture
- *other*



- What do you think would be the worst allergy to have?
- What is the best way to help the symptoms of allergies?



- Do you suffer from any allergies?
- What do you think would be the worst allergy to have?

- allergy アレルギー - *I think I have an **allergy**.*
- cure 良薬 - *Do you know a **cure** for my runny nose?*
- itchy かゆい - *My eyes are so **itchy**!*
- hospital 病院 - *Please go to the **hospital** and get it checked.*
- medicine 薬 - *The **medicine** will help a little.*
- suffer 苦しむ - *I **suffer** from allergies in autumn.*
- symptoms 症状 - *What **symptoms** do you have?*