



## This week...

Felix is suffering from itchy eyes, a runny nose and he has been sneezing a lot recently. He is talking to Monica about it.

## Lesson Targets

- Allergy symptoms
- Ways to alleviate symptoms

## Daily English Conversation

**Super Class**

## Warm Up – Topic Question



Do you suffer from any allergies?

# Picture Description

Where are they?

A



B



C





\* Choose the most appropriate meaning of the word from the four options.

## 1. suffer

- soothe
- diminish
- agonize
- abate

## 4. get rid of

- ditch
- bear
- fetch
- secure

## 2. prevalent

- abnormal
- isolated
- scarce
- widespread

## 5. during

- beyond
- beneath
- skyward
- throughout

## 3. seasonal

- perpetual
- periodic
- permanent
- continual

## 6. alleviate

- intensify
- irritate
- deaden
- aggravate



**Felix** Hey, Monica. You work as an intern in a hospital, right?

**Monica** That's right. Why do you ask?

**Felix** **I've been suffering with** itchy eyes, a runny nose and I can't stop sneezing recently. Any idea what it could be?

**Monica** I'm pretty sure you have hay fever. **It is quite prevalent** at this time of year.

**Felix** I thought people only got hay fever in the springtime.

**Monica** **Most people associate it with** spring, but seasonal allergies **can also spike** during the autumn months. Not only hay fever, but other allergies as well.

**Felix** I didn't know that! Do you have any ideas on how I can **get rid of** the symptoms?

**Monica** Drop by the hospital I work at tomorrow and I will introduce you to my friend who is a doctor. He will take care of you.

**Felix** Thanks, Monica.

## Role Play – Allergies



Student A is describing some symptoms that he/she has been suffering from lately and it sounds like an allergy. Student B is giving some advice on how to alleviate the symptoms.

### Key Phrases

- I've been suffering with ....
- Do you have any ideas on how I can get rid of the symptoms?
- I appreciate the advice.
- I'm pretty sure you have ....
- It's quite prevalent at this time of year.
- I suggest you ....
- *Other*

### Symptoms

- sneezing
- itchy eyes
- runny nose
- blocked nose
- sore throat
- *other*

### Advice

- wear a mask
- eat healthy
- drink plenty of fluids
- clean your house
- consider acupuncture
- *other*



- What do you think would be the worst allergy to have?
- What things do you think work well to alleviate the symptoms of allergies?
- Do you think OTC medicine is effective for allergies?

# Ask the Teacher



- Do you suffer from any allergies?
- What do you think would be the worst allergy to have?
- (Ask a different question related to the topic)





Going to the doctor to get prescription medicine is the best way to alleviate allergy symptoms.

A

Agree

B

Disagree