Setting Goals





This week...

Haya is disappointed recently that she is not successfully reaching her goals. Fiona is giving her advice on how to achieve her goals.

Lesson Objectives...

- Setting personal business goals
- Advice for achieving goals

Business English Conversation

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Warm Up – Topic Question





Do you set weekly, monthly, yearly goals for yourself?

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Picture Description



Who is that businessman and what is he showing to that group of people?



What are they discussing?



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Haya	Hi, Fiona. I'd like to talk to you about something.		
Fiona	Sure, Haya. What's on your mind?		
Haya	I set some goals for myself at the beginning of the year, but I am having trouble achieving them.		
Fiona	When setting goals it is important that they are realistic. If you set unattainable goals for yourself it will only lead to frustration.		
Haya	That's how I am feeling right now.		
Fiona	Also, it's a good idea to write them down to help you stay on track to achieve them.		
Haya	That is something I will start to do from now on.		
Fiona	Fiona Please don't hesitate to come see me anytime if you are having a hat time reaching your goals.		
Haya	Thanks Fiona. I really appreciate it.		
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I'd like to talk to you about your performance in class recently.

- 1. I'd like to talk to you about
- 2. I am having trouble
- 3. It's a good idea to
- 4. Please don't hesitate to come see me anytime if you



Role Play – Setting Goals



Student A is having trouble achieving the goals he/she set at the beginning of the year. Student B is giving Student A some advice on how to achieve goals.



Student A: Ask Student B if he/she has time to talk for a minute. Student B: Tell Student A that you have time and ask what it is about.

Key Phrases

- I'd like to talk to you about something.
- I'm having trouble achieving my goals.
- That is something I will do from now on.
- I really appreciate it.
- What's on your mind?
- When setting goals it is important that
- Also, it's a good idea to
- Other

Advice for Achieving Goals

- write goals down
- set short term milestones
- set realistic goals
- talk to a supervisor when struggling to achieve goals
- make a plan
- other

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- 1. Companies often set unrealistic goals for their employees.
- 2. It is necessary to set personal work goals to succeed.
- 3. Employees can often get frustrated if they don't meet their goals.





Do you sometimes set goals for yourself that are unrealistic?

How do you feel if you fail to achieve your goals?

Are goals necessary to achieve success?





achieve	- By hard work we can achieve anything.
appreciate	- I really <mark>appreciate</mark> your help.
frustration	- He shook his head in frustration.
goals	- I'm sure I will be able to achieve my goals.
important	- It is important to stick to a plan.
realistic	- You need to set realistic goals for yourself.
trouble	- He's having a lot of trouble at work recently.
unattainable	- I think that is an unattainable goal.