

Challenging Yourself



What challenge do you want to try
in the future?

Daily English Conversation

Basic Class

Tell a Story



Example Words:

- before
- interesting
- challenge
- start
- hard
- climb
- train
- effort

Example Phrases:

- The man is training for
- He is going to
- He is climbing
- Finally he,

James I think I am going to try something I have never done before.

Wakana That sounds interesting. What is it?

James Scott has asked me if I want to run a marathon with him.

Wakana Are you sure you can do it?

James I don't know, but I really want to challenge myself.

Wakana When is the marathon?

James In a couple of months.

Wakana You'd better start training hard!

James I will go buy some running shoes tomorrow.

Sentence Building

1. I think I am going to

3. You'd better

2. I don't know, but

4. I will go buy tomorrow.



Scenario 1: A New Challenge

Student A wants to try something new and Student B is giving suggestions about things that could be good challenges.

Scenario 2: Don't Give Up

Student A recently tried a new challenge but it didn't work out very well. Student B is encouraging them not to give up and keep trying.

What Do You Think?

If you could attempt any challenge, what would it be?

Useful Phrases

1. I would attempt

3. I think

2. The best challenge is

4. would be great because



- When was a time you challenged yourself and succeeded?
- Why do some people avoid challenges?
- What is a challenge that you have already tried, but would like to do again?